



LATCH ON FOR SUCCESS

JOIN OUR **BREASTFEEDING SUPPORT GROUP**

Have questions about breastfeeding your baby? Get help at our drop-in support group held twice a month.

Come and meet other mothers, weigh your baby, get a quick check of how your baby is latching, and discuss other topics related to the care of your newborn.

The group is led by a certified lactation specialist and is ideal for mothers looking for support but not necessarily needing a one-on-one consultation.

No cost to attend or preregistration required. For more information, please call **1-855-206-0302**.